

Morning Prayer 02.06.24

"I wait for the Lord, my whole being waits, and in his word I put my hope." *Psalms 130:5*

Opening Sentences

O Lord open our lips **and our mouth shall proclaim your praise.**

The night has passed, and the day lies open before us; let us pray with one heart and mind.

Pause for reflection as you offer the day to God.

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Bible reading

Psalm 139: 1-5, 12-18

¹ O Lord, you have searched me and known me.

² You know when I sit down and when I rise up;
you discern my thoughts from far away.

³ You search out my path and my lying down,
and are acquainted with all my ways.

⁴ Even before a word is on my tongue,
O Lord, you know it completely.

⁵ You hem me in, behind and before,
and lay your hand upon me.

¹² even the darkness is not dark to you;
the night is as bright as the day,
for darkness is as light to you.

¹³ For it was you who formed my inward parts;
you knit me together in my mother's womb.

¹⁴ I praise you, for I am fearfully and wonderfully made.
Wonderful are your works;
that I know very well.

¹⁵ My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.

¹⁶ Your eyes beheld my unformed substance.

In your book were written
all the days that were formed for me,
when none of them as yet existed.

¹⁷ How weighty to me are your thoughts, O God!
How vast is the sum of them!

¹⁸ I try to count them—they are more than the sand;
I come to the end—I am still with you.

Mark 2:23-3:6

One sabbath he was going through the cornfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, 'Look, why are they doing what is not lawful on the sabbath?' And he said to them, 'Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.' Then he said to them, 'The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.'

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, 'Come forward.' Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

Thanks be to God**Talk****Prayers**

In our prayers we will pray for the world, the church, our local community, and for those who are in need.

At the end of each section we say:

Lord in Your mercy
hear our prayer.

And at the end:

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Lord's Prayer

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen**

Notices

Conclusion

The Lord bless us, and preserve us from all evil, and keep us in eternal life.

Amen.

Let us bless the Lord.

Thanks be to God.

Online Giving

Everything we do in mission and ministry is made possible by the generous support of our church family. We encourage everyone who is a regular member of St Marys to join our planned giving scheme (standing order) as this helps us to plan and budget.

You can now make donations online as a one off or regular gifts, and every penny goes back into enabling our mission and ministry.

Details of how to give online or join the planned giving scheme can be found online @ www.stmaryshanwell.org.uk/giving