

### We pray:

For all those suffering from the **Coronavirus** or working to treat people and those working to tackle the outbreak. May there be healing and help in Jesus name and may we not fall into fear.

For all of our **church** as we focus in Lent on **growing our relationship with God through prayer**. May we be inspired to build daily habits of prayer to sustain us in our lives.

Give thanks for **Ealing Churches Winter Night Shelter** and our church volunteers. For all the guests, may they be blessed by hospitality and for all the volunteers.

For all in our **church family** currently undergoing treatment or medical care, may they know God's presence with them, and His peace and healing.



## GRAPEVINE

### The Parish of St Mary, Hanwell

*Sunday 1st March - 1st Sunday of Lent*

### Sunday Services

8am | Holy Communion (BCP)

9:30am | Holy Communion with Junior Church

### During the week

10am | Holy Communion every Wednesday

### First time? Visitor?

**Welcome to St Mary's!** We would love to get to know you over coffee after the 9.30am service. If you would like to know more, talk to our clergy Andrew and Helen, or to our churchwardens Helen and Tim.

### Prayer

If you would like to be prayed for or with, someone will be waiting for you at the side altar during communion.

### Tea and Coffee

Join us for tea, coffee and good company in the Parish Room after the 9.30am service

### Clergy contact details

Andrew Dand: 020 8567 6185 (day off Friday)

[andrew@stmaryshanwell.org.uk](mailto:andrew@stmaryshanwell.org.uk)

Helen Cosstick: 020 8579 6367 (available Sunday-Wednesday)

[helen.cosstick@btinternet.com](mailto:helen.cosstick@btinternet.com)

**Next issue deadline noon Thursday 27th February**

Email Andrew via [andrew@stmaryshanwell.org.uk](mailto:andrew@stmaryshanwell.org.uk)

**Listen to the sermon online** | You can find it at <http://www.stmaryshanwell.org.uk/media>



**Hearing loop installed.**  
**Switch hearing aids to 'T' position.**

### Find us online!

[www.stmaryshanwell.org.uk](http://www.stmaryshanwell.org.uk)

Facebook and Twitter:

@stmaryshanwell

**Lent Book 2020** | Our recommended book for Lent this year is 'How to Pray' by Pete Greig. This book will help you build up your prayer life and our Sunday teaching will unpack several of the book's key themes during Lent. We will be ordering a small number of books which you can buy here in church, or it is available pretty much wherever good books are sold online.

**Lent Course - Prayer: Tool Box Talks** | Our short Lent course will take place on the 11th, 18th and 25th March from 8pm.

More details on content are available online expect TED style short talks exploring a wide variety of different styles of prayer and how to do them, plus chance to discuss and then have a go practically too.

**Spring Harvest Easter 2020** | Want to invest in your own discipleship while getting a fun break away at the same time? Join our group for Spring Harvest and experience world class bible teaching, music and seminars for all ages. We are going to the Skegness break (13th to 17th April) which is the week after Easter. <https://springharvest.org/book/> has all the details you need or speak to Andrew to find out more.

**An Evening of Entertainment at St Stephen's** | St Stephen's are excited to announce a performance of family-friendly Magic & Comedy. Steve Legg's - Tricks & Laughs Evening at **St Stephen's, Ealing, Sat 14th March 2020** - doors open at **6.30pm**. No charge but donations accepted. Refreshments available. Please go to [www.ststephens-ealing.org](http://www.ststephens-ealing.org) to book your place.

**Welcome Tea 15th March 2020** | Are you new or newish to St Marys? Then we'd like to get to know you better over tea and homemade cake. Join some of our leaders from 3pm to 4:30pm in the Parish Room. Sign up at the back of church or email [office@stmaryshanwell.org.uk](mailto:office@stmaryshanwell.org.uk) to let us know you're coming.

**SOMA in Burundi** : Thanks, and a chance to find out more

The team arrived back safely last week. Many thanks to those who were praying (and are continuing to pray) for Mark, the team, and the mission (the power of prayer was much in evidence throughout!) and to those who made donations (which helped the conference be the success it was)

If you'd like to hear some more about the mission, the people we met, or Burundi itself, there will be 'Open House' at Mark and Sue's house (75 Milton Road Hanwell W7 1LG) from 2.00 to 7.00 pm on Sunday 15th March. Please feel free to drop in, for as long (or short) a time as you like. There'll be light refreshments (maybe even some African food to sample!) and a few pictures and videos to look at. Children welcome. Any queries - please speak to Mark

## Collect for 1st Sunday of Lent

Heavenly Father,  
your Son battled with the powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.

Sun 1	Lent 1 How to Pray Mark 1 35-39		Matthew 6.5-9
Mon	Psalm 19.7 - end	Leviticus 19.1-2, 11-18	Matthew 25.31 - end
Tues	Psalm 34 4-6, 21-22	Isaiah 55.10-11	Matthew 6.7-15
Wed	Psalm 51. 1-5, 17-18	Jonah 3	Luke 11.29-32
Thurs	Psalm 138	Isaiah 55 6-9	Matthew 7. 7-12
Fri	Psalm 130	Ezekiel 18.21-28	Matthew 5.20-26
Sat	Psalm 119.1-8	Deut. 26.16-end	Matthew 5.43-end
Sun 8	Lent 2 How to Pray - Adoration Psalm 145.1-6 & 21		Luke 11.1-4

**Real Easter Eggs** | "The real Easter eggs are back for Easter 2020, These eggs contain the real Easter story inside, are Fair Trade chocolate which guarantees the farmers get a fair price for their work, and as an added bonus come plastic free. We have a limited supply of eggs which can be secured by order from Tim Barnes at the special price of £3.60 each.

**Foodbank** | Shopping list for this month: Tinned Veg, Long Life Fruit Juice & Squash - 1 litre size, Instant Drinking Chocolate, Veg Curry/Chilli - tins, Macaroni Cheese/Cheese Ravioli in Tomato Sauce - tins, Oil - olive, sunflower, vegetable - 250ml/500ml, Fray Bentos Tinned Pies - Veggie flavours, size 5 nappies. Thanks for all your donations. If you'd like you can put foodbank donations in a box under the table at the back of church and Charlie Lakin will take them.

**Walk of Witness 2020** | Join us for the annual Walk of Witness through the streets of Hanwell on **Good Friday April 10th**. The Walk starts at North Hanwell Baptist Church at 10.45am ending at St Joseph's church at 1.15pm. Many people pick up the Walk from **St Mary's Church Hall at 11.15am** If you can volunteer to act as marshals escorting the walkers please contact Chris Cosstick (07808 172210) or [chris.cosstick@btinternet.com](mailto:chris.cosstick@btinternet.com).